Resolution regarding Wildcat Pause Day Approved by Faculty Senate Academic Affairs on April 16, 2024 Approved by Faculty Senate on May 14, 2024

RESOLUTION 5/14/2024

WILDCAT PAUSE DAY

- **BY**: Kansas State University Faculty Senate
- **WHEREAS**, There is evidence students, faculty, and staff are having increasing issues with mental health, which are more common in Fall than in Spring, and
- WHEREAS,There are no breaks in our calendar between Labor Day and Thanksgiving week,
as opposed to having Spring Break in the middle of the Spring semester, and
- WHEREAS, SGA has requested the addition of a Wildcat Pause Day in as a Mental Health Day, and
- WHEREAS, K-State is committed to wellness, but
- **WHEREAS,** Cancelling a partial week of class will cause disruption to many courses, especially those where different sections may meet on different days.

BE IT RESOLVED THAT

- **SECTION 1.** Faculty Senate endorses the SGA request that the Provost should ask the Board of Regents to make a Friday in October, to be determined each year based on scheduling, be a Wildcat Pause Day with no classes scheduled for Fall 2024, 2025, and 2026.
- **SECTION 2.** The University should monitor and evaluate the effectiveness and costs of Wildcat Pause Day through regular feedback mechanisms and other assessments.
- **SECTION 3.** The University Calendar Committee should consider more general changes to the calendar to reduce disruptions caused by cancelling only a partial week (e.g. starting the semester on a Thursday and giving a two day break in October), with a goal to make a recommendation for permanent changes effective in Fall 2027.

Don Von Bergen Faculty Senate President, 2023-2024 Kansas State University

<u>May 14, 2024</u> Date