



# Leitner System

## What is the Leitner System?

The Leitner System is a method for memorization using flashcards. The goal of using the Leitner System is to determine your level of knowledge of each card and how well you remember it. It is best for regular and consistent studying, not cramming.

## Instructions

1. Start with one pile of flashcards, called **Stack 1**. Review these daily.
2. Move cards you answer correctly to **Stack 2**. Review every other day. If you answer a card incorrectly, move it back to **Stack 1**.
3. During your next study session, start with **Stack 2**. Move all correctly answered cards to **Stack 3**. Review **Stack 3** less often than **Stack 1 and 2**. Move incorrectly answered cards to the stack before it.
4. Keep reviewing these cards until all are in **Stack 3**.
5. For continuous learning, review the flashcards each week.

