



Mind Mapping

What is Mind Mapping?

Mind Mapping is a visualization technique to help you visualize and understand a topic. A mind map starts with a central idea in the center with related topics and ideas branching out from the center. These central ideas can include:

- A project you are working on
- An idea/concept from class that you are trying to understand
- An essay topic

Ideally, a mind map will help you see the bigger picture and how concepts connect.

Instructions

1. On a blank piece of paper or a blank screen, write your central idea or theme of your mind map.
2. Outside the inner circle, write a few words or phrases that are relevant to the central idea.
3. Next, explain the second level words/phrases more in depth.
4. Continue adding levels and ideas as necessary.

Example:

