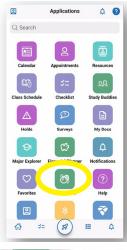


## Get academic and well-being support through Navigate. Help with what you need, when you need it.

Have a question and don't know where to get help? Use the "I Need Help" feature in Navigate to quickly connect to campus resources to get answers to your questions.

- Log in to Navigate on your computer or cellphone. Download the free app or visit k-state.edu/navigate. You will need your eID and password to sign in.
- Access "I Need Help" alerts from the Navigate homescreen, or by clicking the rocketship shortcuts at the bottom of your screen. The "I Need Help" icon is a green waving hand.
- Create an "I Need Help" alert. Using the drop down menu, select a reason you are creating the alert, and provide additional comments related to your concerns. Click submit.
- Create additional alerts as needed, so you can get support in the areas you need it.
- After submitting your request(s), you will be contacted by the appropriate campus resource within 2 business days. From there, K-State staff will provide individualized support related to your specific needs.





	o your school staff. They will review these and see your self alerts in the "My Docs" feature.	contact you to
Please select a reas	on *	
Help: Help me bala	ince financial aid w/ my personal finances	~
Is this associated w	ith a specific class?	~
Additional commen	19 *	
Test Test: I need h	elp balancing my finances.	

## **Quick Tips**

I Need Help can be used to connect you with resources when you need help:

- balancing financial aid with personal finances.
- navigating personal issues that are impacting you academically.
- finding a tutor.
- understanding how to succeed in college.
- with your health and wellbeing.
- finding more support and resources.
- related to academic advising.
- understanding your financial aid.

## What if I have an emergency?

I Need Help is for noncrisis scenarios only. In an emergency, call the K-State Police or dial 9-1-1.