

LEAD 312: Peer Leader Practicum

Through interactive training and practical strategies, participants will learn to enhance their critical thinking and communication skills, ultimately promoting academic preparedness, career readiness, and mental well-being among their peers.

Our Goal: Increased retention rates, higher student engagement and improved GPA's.

Class Content



Building Effective Peer Relationships

Teach Peer Mentors how to foster meaningful, supportive relationships with their mentees and peers.



Facilitating Group Dynamics and Engagement

Equip Peer Mentors to lead small group discussions, individual interactions and activities that encourage participation and interaction.



Develop Leadership and Role Modeling

Prepare Peer Mentors to become role models by demonstrating responsibility, integrity, and respect in their daily interactions.



Problem-Solving and Resource Navigation

Train Peer Mentors to identify mentee needs and provide appropriate support by teaching effective problem-solving strategies.

Benefits of Peer Mentoring

- **Enhanced Academic Performance:** Peer mentoring provides academic support and resources, helping students improve their understanding of course material and achieve better grades.
- **Increased Sense of Belonging:** By fostering meaningful connections, peer mentoring creates a supportive community, making students feel more engaged and connected to campus life.
- **Improved Communication Skills:** Both mentors and mentees develop effective communication skills, enhancing their ability to express ideas, listen actively, and navigate social interactions.
- **Greater Resilience and Confidence:** Peer mentoring helps students build resilience by sharing experiences and strategies for overcoming challenges, boosting their self-esteem and confidence.
- **Positive Institutional Outcomes:** Institutions have reported several benefits from peer mentoring programs, including improved retention rates, and higher completion rates among students.

What We Do

- **Weekly Content:** Curated resources for Peer Mentors to foster belonging and provide personalized support in small group or individual settings.
- **Facilitation Guides:** Discipline-specific guides to enhance Peer Mentoring effectiveness.
- **Resource Toolkits:** Tailored toolkits with articles, worksheets, and activities to help address mentee concerns and promote growth.
- **Training Workshops:** Interactive sessions on essential mentoring skills, including conflict resolution and active listening, to support diverse student populations.

Class Structure

- 3-Credit Hour Class
- Spring semester 2025: Mondays at 3:30-5:00pm
- 14 Classes for the Semester
- Tuition fees: In-state: \$1146.57 & Out-of-state: \$2881.26 (based on Fall 2024)

