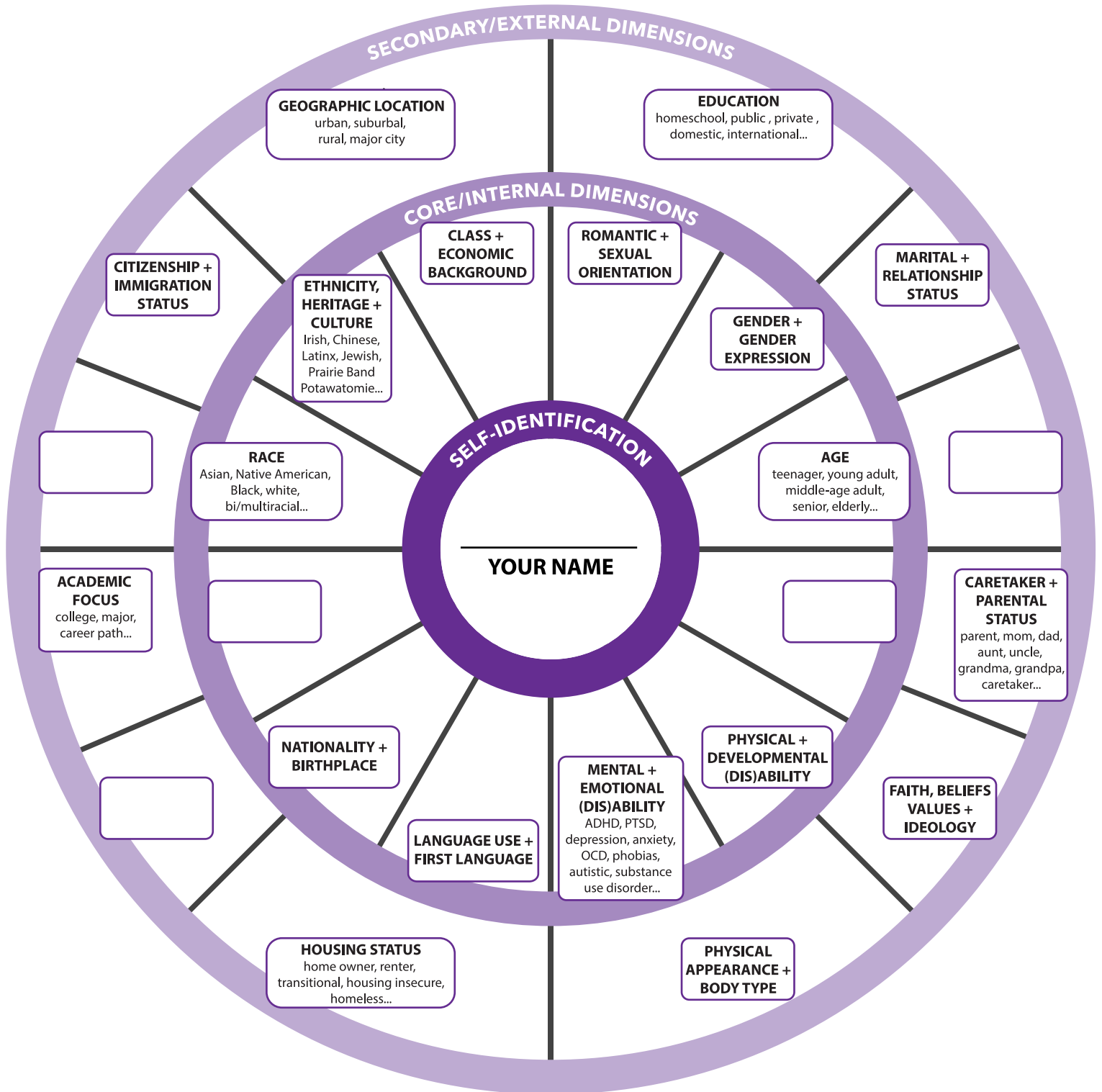


SOCIAL IDENTITY WHEEL:

The Social Identity Wheel is a tool that helps us to understand the various parts of our social identities and how they overlap, intersect, and are shaped in relation to society. These aspects of your identity aren't connected to personality traits or interests, but more to the socially constructed groups present within specific environments within human societies (such as race, gender, sexual orientation, and more). *Fill in each section of the wheel using words to describe yourself within that particular dimension and provide an example (for example: did you go to public school? Where? Share in the Education section).*



REFLECTION & ACTIVITY QUESTIONS:

1. What identities are you most aware of or think about most often?
2. Share a story about a time when you experienced belonging, and/or a time when you did not experience belonging:
 - a. How did your identities influence that experience?



HOW DO WE CREATE A COMMUNITY OF BELONGING FOR ALL AT K-STATE?

I AM FROM POEM:

Another way to explore your own culture and identity is through creative storytelling. The “I Am From Project,” created by George Ella Lyon and based on her original poem, *Where I’m From*, will help you to not only understand some of the people, things, and institutions that have shaped you, but will also help you connect to others in your group and in the K-State community.

Use the following template:

I am _____ (name)

I’m from _____ (family tradition)
and _____ (family trait)

I am from _____ (a favorite hobby)

From _____ (amount) number of people in my
graduating class from high school

From _____ (a place
you have worked or something you were involved in)

I’m from the _____
(specific place: city/rural/other)

From _____
(something you were told as a child)

I’m from _____
(representation of religion, spirituality, or lack of)

From the _____ (the size of your family)

I’m from _____
(place of birth and family ancestry)

_____ (a food item that represents your family)

I am from _____
(something I want to try in the future)

WHAT IS DIALOGUE?

Dialogue is a collaboration in which people work together towards mutual discovery and shared understanding.

It is a process for considering many perspectives and finding agreement to move forward.

Dialogue assumes many people have the answers to hard questions or challenges, and that together, they can craft new possibilities for action.

5 DIALOGUE SKILLS:

1. Listen to understand, not to respond.
2. Practice empathy.
3. Identify underlying values.
4. Practice saying, “Yes (acknowledge and affirm), and...”
5. Practice perspective taking.

COMMITMENTS TO EACH OTHER:

- Be 100% present: extending and presuming welcome
- Seek understanding and common ground
- Be curious: expect and explore conflicting viewpoints
- Listen deeply and with empathy
- Embrace courage over comfort
- Assume best intentions and appreciate differences
- Respect confidentiality

ASSESSMENT:

After the event is over, scan the QR code and take the assessment so we can continue to revise the program to best meet the needs of students like you in future years!

