



5K RUN
1K WALK



9-11:30 a.m.

April 26, 2025

Join the fun at the Run for the Roses 5k Run and 1k Walk!
Runners will start and finish our flat and fast 5K course in the beautiful K-State Gardens, take a lap on the track inside the historic World War I Memorial Field, cruise by Anderson Hall, the Student Union, and Ahearn Fieldhouse.

Enjoy Face Painters, Balloon Art, and 10,000 tulips in bloom by the visitor's center!

First, second, and third place winners will get a beautiful glazed purple pot with rose-shaped succulent plant! T-shirts, snacks, and **150th anniversary medals** for all!

Questions? Call Terry 785-532-8686

New! Active military \$25 for the 5K



REGISTRATION FORM

___ 5K Student \$25 (age 0-21)
 ___ 5K Active Military \$25 (email a photo of your Military ID to terryolson@cox.net to get coupon code)
 ___ 5k Run/Walk ~ \$35 (\$40 after 2/23/25, \$45 after 4/19/25)
 ___ 1K Walk ~ \$20 (\$25 after 2/23/25, \$30 after 4/19/25)

Name: _____ Gender: M F
 Address: _____
 City, State, Zip: _____
 Phone: _____
 E-mail: _____
 Date of birth: _____ Age on Race Day: _____
 T-shirt size (circle) YS YM S M L XL 2XL 3XL
 Contribute to the Gardens! ___\$1000___ \$500 ___\$250
 ___\$100___ \$50 ___\$20 Other: \$ _____
 Total enclosed: \$ _____ (Payable to K-State Gardens)

Release & Waiver I know that participation in a road race is a potentially hazardous activity. I will not enter unless I am medically able and properly trained. I assume all risks associated with participation in this event including, but not limited to effects on my health or medical condition, falls, contact with other participants, effects of weather, traffic, and road conditions. I also give medical personnel permission to treat my injuries if I am unable to make the decision for myself. Having read this waiver, I for myself and anyone entitled to act on my behalf, waive, release, and covenant not to sue Kansas State University Gardens, race officials, sponsors, representatives, successors, or assignees from any and all claims or liabilities of any kind arising out of or in connection with my participation in this event. This release and waiver extends to all claims of any kind or nature including but not limited to negligence claims. I also give my permission for the free use of my name and picture in any broadcast, telecast, or print media account for this event.

Signature: _____
 (Parent/Guardian If under 18 years old on 04/26/25)

Team signup and online registration at
<https://runsignup.com/Race/KS/Manhattan/RUN4THEROSES>

Mail to: K-State Gardens, 2021 Throckmorton Hall, 1712 Claffin Ave, Manhattan, KS 66506