

Programs and Activities

Spring 2025 Programs

International Student and Scholar Services

Please note these events are subject to change.

Watch the isc-l@ksu.edu listserv and our social media accounts for more information!



January 2025

International Buddies Sign up

Registration opens: Tuesday, January 21st

The International Buddies Program <https://www.k-state.edu/buddies/> pairs local K-State students with international students every fall and spring semester. Once paired, Buddies meet regularly to learn about each other's cultures, customs, and explore Manhattan & K-State.

Activities Carnival

Thursday, January 23rd

5:00 pm - 8:00 pm at the K-State Student Union

The activities carnival held each semester is a great opportunity for students who are looking to get more involved to find an organization matching their interests. They are also great opportunities for registered student organizations to recruit new and excited students to join their organizations. Find something to get involved in, meet new people, grab some giveaways, and have fun! This will be a live event. For more information visit:

<https://www.k-state.edu/student-involvement/get-involved/carnival.html>

Basic Language Training (BLT)

Registration: Tuesday, January 21st - Friday, January 31st

Classes are in person, February 10th through April 11th (8 weeks) with days and times to be determined (no classes during Spring Break). Languages offered: French, Italian, Basic Spanish and Intermediate Spanish. BLT is a non-credit course taught by an international student. The student teaches the basics of his/her language and explores the culture of his/her country. The cost is \$40/language offered. More information can be found at

<https://www.k-state.edu/iss/programs-events/blt/index.html>

~~U.S. Culture Issues Workshop~~ - *Cancelled; will be combined with the Feb 6th Adjustment to U.S. culture workshop*

Thursday, January 30th

4:00-5:00 pm at the International Student Center - Multipurpose Room

Ever wonder why your U.S. classmate says, "Hi, how are you?" and then walks away without waiting for your response? This workshop is designed for students, scholars, and dependents in their first year in the U.S. who want to learn about and discuss cultural differences between the United States and their home country. Now is your chance to ask questions you have wanted to ask!

Health Insurance Waiver Deadline

Friday, January 31st at 11:59 pm

This is the last day to submit the health insurance waiver form. See https://www.k-state.edu/iss/students/health_insurance/index.html for more information on international student health insurance.

February 2025

Adjustment to U.S. Culture Workshop

Thursday, February 6th

4:00-5:00 pm at the International Student Center – Multipurpose Room

Are you excited to be in the U.S. or are you counting the days until you can return to your home country? This workshop is designed for students, scholars, and dependents in their first year in the U.S. who would like to talk about adjusting to U.S. culture and discussing cultural differences between the United States and their home country. Learn about the normal pattern of adjusting to a new culture, hear some tips for adjusting, and discover resources on campus and in the community.

Coffee Hour: Honduras

Friday, February 7th

4:00 pm to 5:00 pm at the International Student Center – Multipurpose Room

(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us in this live and Zoom program to learn about the geography and culture of another nation. See <https://www.k-state.edu/iss/programs-events/coffee-hour.html> for more information.

Scholarships for International Students in the U.S.

Tuesday, February 11th

12:00 pm via Zoom (see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Scholarships can help to fund your current studies or help you go to graduate school. International students at the undergraduate and graduate level are eligible for many awards. Join us to learn about some common scholarships for international students and where to search for more. Presented by Boglarka Davies, International Student Advisor, Beth Powers, Director of the Office of Nationally Competitive Scholarships, and Brandon Moreno, Assistant Director of Alumni and Diversity Programs.

International Spouse Orientation

Thursday, February 13th

1:30 pm – 2:30 pm presented via Zoom

(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

If you are a spouse of an international student or scholar, we invite you to attend this orientation to help you navigate K-State and the Manhattan community. Presented by Raksa Ma, ISSS Graduate Assistant and David Hebing, International Student Advisor.

See More Than Manhattan

Thursday, February 20th

1:30 pm – 2:30 pm presented via Zoom

(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Get ideas for travelling within the region while staying on a budget! Presented by Raksa Ma, ISSS Graduate Assistant.

Powercat Financial Workshop: How to Reach Your Financial Goals

Thursday, February 27th

10:00 am - 11:00 am at the International Student Center – Multipurpose Room

Learn how to establish and manage credit to help you meet your financial goals such as buying a car in the future or renting an apartment. Powercat Financial is the free financial education center on campus that offers peer-to-peer financial assistance. In this session you will learn how a credit score is determined, and how to monitor your credit for free. You will also learn some of the necessary steps to buying a car. Learn more about Powercat Financial at www.ksu.edu/powercatfinancial.

Coffee Hour: Nigeria

Friday, February 28th

4:00 pm to 5:00 pm at the International Student Center – Multipurpose Room

(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us in this live and Zoom program to learn about the geography and culture of another nation. See <https://www.k-state.edu/iss/programs-events/coffee-hour.html> for more information.

March 2025

Kansas Driving

Thursday, March 6th

4:00 pm - 5:00 pm at the International Student Center – Multipurpose Room

Learn about Kansas driving as well as the legal requirements for owning a vehicle, including insurance and registration procedures. Presented by the K-State Police Department.

Spring Break March 16-23

Coffee Hour: Costa Rica

Friday, March 28th

4:00 pm to 5:00 pm at the College of Engineering – Fiedler Hall Auditorium (1107 Fiedler Hall)

(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us in this live Zoom program to learn about the geography and culture of another nation. See <https://www.k-state.edu/iss/programs-events/coffee-hour.html> for more information.

International Week - Fashion Show

Sunday, March 30TH

5:30 pm – 9:00 pm at the K-State Student Union - Forum Hall

Students and community members will highlight their traditional clothes from their respective countries.

Sponsored by the International Coordinating Council.

International Week - Parade

Monday, March 31st

Starts at 4:00 pm at the International Student Center

Sponsored by the International Coordinating Council.

April 2025

International Week – Dance Lessons

Tuesday, April 1st

6:30 pm – 8:30 pm at the K-State Student Union – Courtyard

A night of dancing, shown and taught by students of different countries and cultures. Sponsored by the International Coordinating Council and International Buddies.

International Week - Panel Discussion

Wednesday, April 2nd

12:00 pm – 1:30 pm at the Staley School of Leadership – Town Hall

Sponsored by the International Coordinating Council.

International Week – Cultural Exhibition

Thursday, April 3rd

11:30 am - 1:00 pm at the K-State Student Union – Forum Hall

Students from different cultures will show and explain artifacts from their home countries during a cultural exhibition. Sponsored by the International Coordinating Council.

International Week – Talent Show

Sunday, April 6th

5:30 pm – 8:00 pm at the K-State Student Union - Forum Hall

International Students will share their rich culture through their talents. Sponsored by the International Coordinating Council.

Kansas Weather –Part of the [Community Safety Talks Series!](#)

Tuesday, April 8th

10:00 – 11:00 am – Hale Library Room 407

Join the Community Safety Talks Series hosted by Hale Library to learn about how Kansas weather changes rapidly. Know what could happen next and learn preparedness tips to handle the elements of hot, cold and everything in between! Presented by Chip Redmond, Assistant Meteorologist, K-State Department of Agronomy and the Kansas Mesonet Manager.

Legal Topics for International Students

Thursday, April 10th

12:00 pm to 1:00 pm via Zoom

(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Learn about various legal matters of interest to international students. During this workshop, we will cover questions such as what to do if you get a traffic ticket, what a power of attorney is, alcohol violations and regulations, online buying scams, car purchasing, and apartment rental issues. Presented by Sarah Barr, Student Legal Services Attorney. <https://www.k-state.edu/legal/>

Coffee Hour: Spain

Friday, April 11th

4:00 pm to 5:00 pm at the College of Engineering – Fiedler Hall Auditorium (1107 Fiedler Hall)

(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

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All-University Open House

Saturday, April 12th

9:00 am to 3:00 pm at the Manhattan K-State Campus

K-State's annual carnival of academic exhibits, entertainment, food and fun. This is a strong K-State tradition and the biggest family-friendly event that take place all over campus. Learn more about this event at <https://www.k-state.edu/openhouse/>

Learn More About H-1B and Permanent Residency

Tuesday, April 15th

2:00 pm - 4:00 pm – Ackert Hall Room 231

Learn the basic information about obtaining H1-B status as well as pathways to employment-based permanent residency. Presented by Judy Bordeau, an immigration attorney.

May 2025

Coffee Hour: Ukraine

Friday, May 2nd

4:00 pm to 5:00 pm at the College of Engineering – Fiedler Hall Auditorium (1107 Fiedler Hall)

(see link at <https://www.k-state.edu/iss/programs-events/> the week of the event)

Coffee Hour is a forum for international students to showcase their home countries. Grab some coffee and join us in this live and Zoom program to learn about the geography and culture of another nation. See <https://www.k-state.edu/iss/programs-events/coffee-hour.html> for more information.

Other resources available on demand

A College Student's Guide to Eating Well

YouTube presentation: https://youtu.be/LtGJh_RQ_Qs

College life comes with unique barriers to making healthy food choices. This presentation teaches the audience the skills to identify and break down those barriers because a well-nourished student = a successful student. Presented by students in the WellCAT Ambassadors program.

Love Your Body

YouTube presentation: <https://youtu.be/xHjWc80tU2c>

There are many factors that lead to negative body image. An exploration into both positive and negative body image, this presentation touches on the dangers of eating disorders and offers tips for increasing body positivity. Presented by students in the WellCAT Ambassadors program.

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UNIVERSITY

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