

K-State Noontime Yoga



Spring 2019
NOONTIME YOGA
Monday through Friday
12:05-12:50 p.m.
301 Ahearn Gymnasium

Noontime Yoga is a free volunteer-based program that provides an outlet for students, staff, faculty, and community members to practice yoga together in a friendly, noncompetitive environment.

For schedules, updates, and cancellation notifications

Join our listserv at:

<http://listserv.ksu.edu/web?SUBED1=YOGAMEDITATION&A=1>

or contact Crystal (strauss@ksu.edu) to be added

Join our Facebook group at:

<https://www.facebook.com/groups/386269774917260/>

or search for “K-State Noontime Yoga”

Sponsored by:

Nonviolence Studies and Programs with the Dept of SASW

AND

