



K-State Noontime Yoga

Fall 2021

Tuesdays and Thursdays

12:05-12:50 p.m.

301 Ahearn Gymnasium

Noontime Yoga is a free volunteer-based program that provides an outlet for students, staff, faculty, and community members to practice yoga together in a friendly, noncompetitive environment.

For schedules, updates, and cancellation notifications

Join our listserv
'yogameditation'



or contact Crystal
(strauss@ksu.edu)

Join our Facebook group
'K-State Noontime Yoga'



Sponsored by:

Nonviolence Studies
with the Dept of SASW

