

<sup>1</sup> Any behavior can become a red or yellow zone transgression (e.g., throwing sand in another child's face while playing in the sandbox)

## Behavior zones

## Change your attitude

- Change your thinking about the misbehavior
- Allow minor misbehavior

## Change situation

- Change the surroundings
- Change the activity
- Physically redirect

## Nurture child

### Make deposits in relationship

- Show interest in what your child does
- Provide real affection
- Enjoy each other's company

### Provide Security

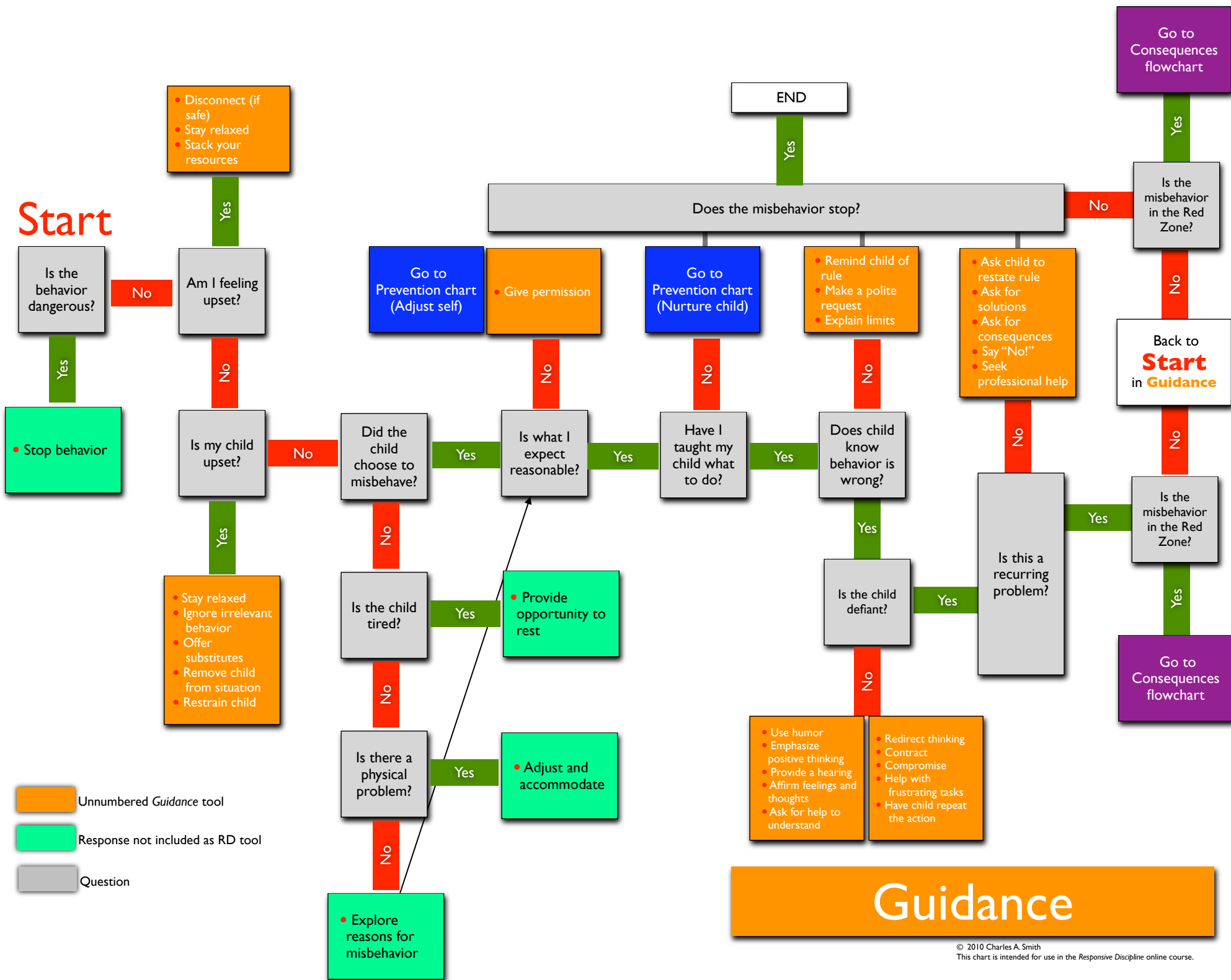
- Move physically closer
- Provide reassuring routines
- Provide transitions

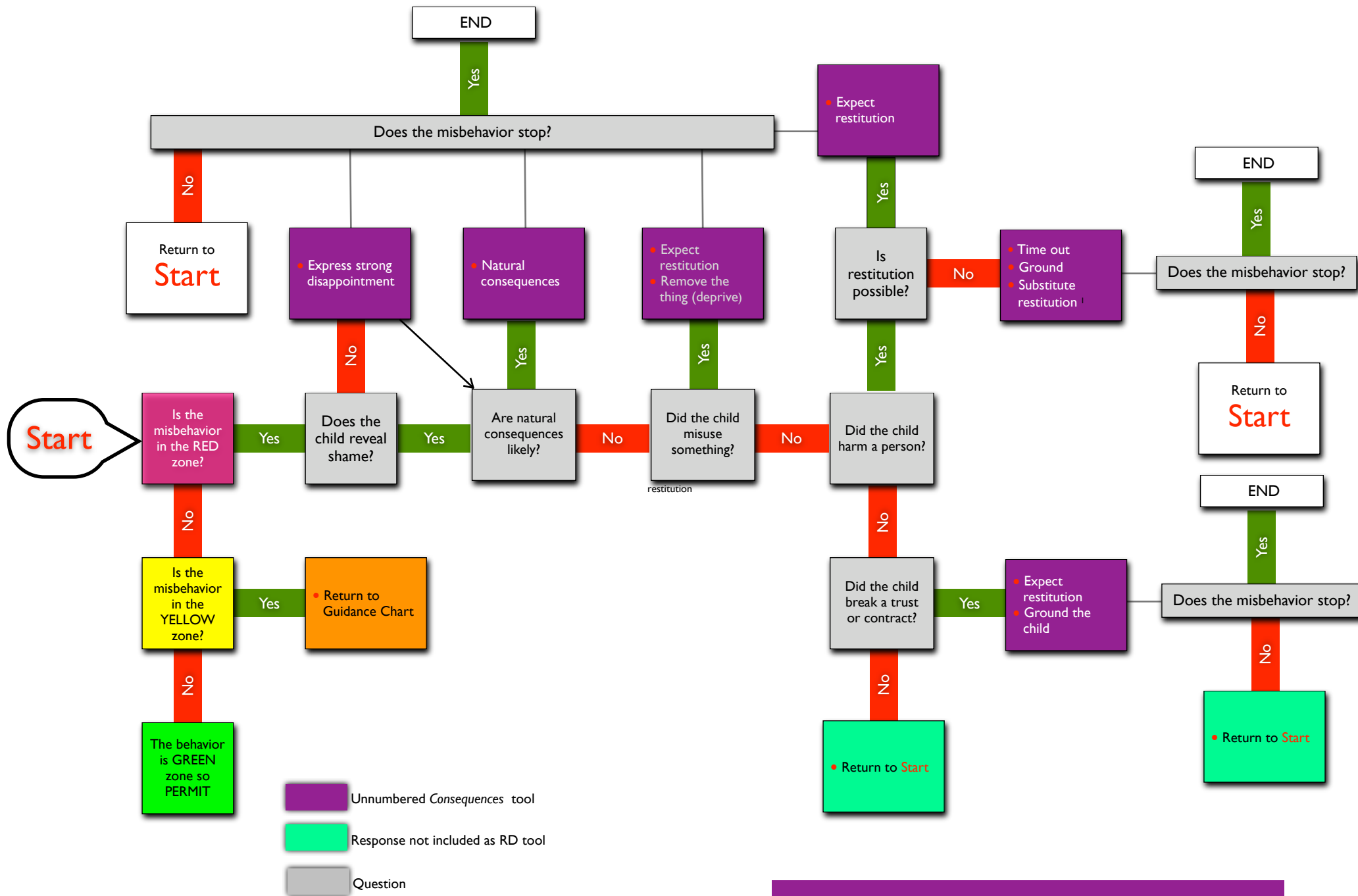
### Teach values and behavior

- Demonstrate the desirable behavior yourself
- Tell stories to make a point
- Give specific instructions
- "Catch" child being good
- Give progress report
- Prepare child for difficulty

Unnumbered *Prevention* tool

# Prevention





<sup>1</sup>A restitution made to someone or something other than the person

# Consequences

## Important

Are you ready to invest your authority and stand behind the limit?

## Fair

Are you being fair with your child; can the child do what you expect?

## Clear

Does the child understand what you mean, are you specific?

## Positive

Does your child know **what to do**, not just **what not to do**?

## Consistent

Can your child expect the limit and your enforcement to be the stable over time?

## Enforceable

Do you know when the limit is disobeyed?

## Dynamic

Does the limit evolve over time to accommodate the child's age?

Being dynamic does not mean the limit is inconsistent. Being consistent does not mean never changing. Once a limit changes to adjust to the child's age, then it should be stable.

Effective limits